



Y RHWYDWAITH YMCHWIL
IECHYD MEWN YSGOLION

SCHOOL HEALTH
RESEARCH NETWORK

September 2017

Dear Parent,

Student Health and Wellbeing Survey & Health Behaviour in School-aged Children Study

The School Health Research Network is led by Cardiff University in partnership with Welsh Government, Public Health Wales and Cancer Research UK. Every two years, schools in the Network are invited to take part in the Student Health And Wellbeing Survey. The information collected in the survey is used to compile a Student Health and Wellbeing Report for each school. These reports are a valuable resource for schools and support the work they do to protect and improve their students' health and wellbeing.

Your child's school is taking part in the Student Health and Wellbeing Survey this term. The survey is being managed by Ipsos MORI on behalf of Cardiff University and is completed on-line under the supervision of a member of school staff. It contains questions on health behaviours, including diet, physical activity, smoking, alcohol, drugs, school life and relationships. Students in Year 11 and above only will be asked a small number of questions relating to sexual behaviour. Each student chooses whether or not they want to complete the survey and they can omit any question they do not want to answer.

The survey is completed anonymously. Cardiff University use the survey data to compile the Student Health and Wellbeing Reports and for research into adolescent health. The Student Health and Wellbeing Reports contain only aggregated data, e.g. the percentage of Year 7 boys who eat breakfast every day. Some of the survey data will also be securely transferred to the international Health Behaviour in School-aged Children study, a World Health Organization study which Wales has been taking part in since 1985.

I hope that you will be happy for your child to participate in the survey. If you have any concerns, wish to see the survey questions or withdraw your child, please notify school reception as soon as possible.

Yours sincerely,

Professor Simon Murphy
Cardiff University

Partneriaeth yw Rhwydwaith Ymchwil Ysgolion Iach rhwng Llywodraeth Cymru, Ymchwil Canser y DU, Iechyd Cyhoeddus Cymru, Tîm Ymgysylltu Cymunedol Prifysgol Caerdydd, DECIPHer a WISERD.

The School Health Research Network is a partnership between Welsh Government, Cancer Research UK, Public Health Wales, Cardiff University Community Engagement Team, DECIPHer and WISERD.