

# MENU

## Lunch Menu Week 1

### MONDAY

#### **Chicken Tikka Masala**

Chicken cooked in a mild curry sauce  
served with rice

#### **Cod in Batter**

Cod baked in a crispy batter

*Served with a potato and vegetable of  
the day*



### TUESDAY

#### **Roast Turkey**

Served with stuffing

#### **Homemade Italian Style Lasagne**

Beef Bolognese served between layers of  
pasta topped with a cheese sauce

*Served with a potato and vegetable of  
the day*

### WEDNESDAY

#### **Homemade Cottage Pie**

Minced beef in gravy topped with mashed potato

#### **BBQ chicken**

Chicken cooked in a BBQ sauce

*Served with a potato and vegetable of the day*

### THURSDAY

#### **Chicken Cajun Wrap**

Spiced chicken served in a tortilla wrap with  
a choice of sweet chilli, mayo or BBQ sauce  
and served with a tossed salad and coleslaw

#### **Griddled Bacon Steak**

Bacon steak cooked on a hot griddle and  
baked

*Served with a potato and vegetable of  
the day*

### FRIDAY

#### **Salmon Fishcake**

Salmon and mashed potato in breadcrumbs

#### **Meatballs in Tomato Sauce**

Served with pasta

*Served with a potato and vegetable of  
the day*