website: http://www.porthcawlu3a.org

e-mail: sec@porthcawlu3a.org

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Newsletter September 2017

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From the Chairman

Welcome back to the final months of 2017 and I hope you all had a great summer break. The autumn promises to bring us another excellent round of activities with the monthly talk in September on the development of Cardiff Bay and a visit to Picton castle later in the month. The interest groups continue with their high standard of topics. I look forward to meeting up with as many members as possible over the next few months. *Chris (marilynjameschris@yahoo.co.uk)*

Quick Contact List

Membership badges: Chris James (tel. 867472; e-mail: marilynjameschris@yahoo.co.uk)

Newsletter Entries: Gary Russell (785691); Ben Fielding (07967 831271); e-mail: info@porthcawlu3a.org

All e-mail not directly related to the Newsletter should be sent to Brian Thomas (Hon. Sec., e-mail: sec@porthcawlu3a.org), who will deal with it directly, or forward it to the appropriate person for action.

Please Help to Keep Porthcawl U3A amongst the Best

There can be no doubt that we rank among the best U3As in the country. That is due entirely to the unstinting efforts of many of our fellow members and the recognition and support they receive from the membership as a whole. Yet, we need even more help if our U3A is to maintain and indeed improve the quality and range of what it provides. In particular we need members to help with the planning and organization of social events, including Coffee Mornings. If you think you can spare the time to help with these or any other tasks please get in touch with me. Whatever you are able to do will be greatly appreciated.

We would also like to form a group of members who would be willing to keep in touch with members who are temporarily or permanently housebound as a result of an injury or illness. It is so easy in these circumstances to feel isolated, lonely and forgotten. A weekly or more frequent phone call can make all the difference. If you feel you can help in this way, please get in touch with me.

Pam Munro (tel. 783751)

A Reminder for Members

Members are encouraged to use the generic e-mail address given in the Quick Contact List above as a single point of contact for the U3A. All e-mails sent to this address will be received by Brian Thomas, our new Hon. Secretary, who'll either deal with them himself or immediately forward them to the appropriate person for action.

Brian also serves as coordinator of our refreshed Communication, Marketing & Publicity team. He would welcome newsworthy contributions from members that can be used to help raise the profile of our U3A and encourage others to explore our offer. If they are accompanied by a photo, so much the better! Members are also encouraged to visit (and 'Like'!) our Facebook page.

Brian can also be contacted or by telephone 01656 772027 (but only between 09.15 and 10.00 weekdays).

A Note for Contributors to the Newsletter

The Newsletter Team would like to request that any contributions for next month's Newsletter be submitted as soon as possible, and by Monday 24 September at the latest. This will allow us to compile the Newsletter and get it to the printers in sufficient time to have it printed and delivered by the start of October.

We will contact all contributors during the weekend preceding the deadline as an aid to memory.

A Vote of Thanks

Declan Gilmartin has stepped down as Convenor of the Spanish group. We would like to thank Declan for his efforts over the last two years. Nicola Evans will take over Declan's role for the time being, assisted by other group members.

Annie Rance is also stepping down as Convenor of Writing for Pleasure Group 3. We would likewise like to thank Annie for her efforts. The new Convenor will be Julie Matthews.

Tribute to Liz Sumner

The Play Reading Group would like to sincerely thank all those who attended July's tribute concert to the late Liz Sumner, and the pupils from Porthcawl Comprehensive School who took part therein. The event was extremely well-attended, and raised in excess of £300 for charities close to Liz's heart.

A Request for Assistance

Rhian Powell is a PhD researcher at Cardiff University and is looking for people willing to talk about their experiences of leaving an inheritance. Interviews would be focused on your attitudes and opinions and they will not require the disclosure of any financial information. For more information, please contact me (Rhian Powell) on *PowellRE3@cardiff.ac.uk*.

Evening Debates

There will be a debate on the environment on Friday 8th September at the Y-centre at 7.00pm, and almost certainly, the last in our evening series, a final session on Fri 15th. Debates are all open to non-members, so bring a friend, and audience speeches and impromptu contributions are not so much welcome as essential. If you are definitely planning to speak, it may be worth notifying me, and I am still looking for main speakers and chairmen on these topics. Suggestions for future topics for debate are welcome. It is possible that, if these main courses are completed quickly we may go for a pudding (impromptu mini debate), with topics perhaps to be decided by our guest speakers. My 'rules of debate' can be found on our website and will be available on the night.

Wednesday 6th September 2.15pm at the Hi Tide: Talk by Neil Sinclair: From Tiger Bay to Cardiff Bay

Exporting over 10 million tons of coal by 1913, Cardiff Docks was one of the most important ports in Britain at that time. Sailors and dock workers from 45 countries around the world settled in the neighbourhoods surrounding the docks and helped to create the vibrant, and sometimes violent, multicultural area known as Tiger Bay. In his talk Mr Sinclair will trace the development of the Docks and the adjacent communities, their decline and their subsequent transformation into Cardiff Bay, the thriving commercial, cultural and leisure facility of today. Do come along if you can.

Chris James (tel. 867472; e-mail: marilynjameschris@yahoo.co.uk)

Wednesday 20th September: Visit to Picton Castle in Pembrokeshire

The coach for this visit will leave Sainsbury's Bridgend at 9am and the Atlantic Hotel Porthcawl at 9:15am, picking up also at Fulmar Road. Built in the 13th century by a Flemish knight and remodelled and refurbished over the centuries, Picton Castle is unique; there is no other building in this country quite like it. Its rooms are superbly decorated and furnished; it houses a fine art gallery and a museum of home life and it is set in large and very attractive gardens. After lunch together, we'll go on to the Castle where we will have a guided tour tracing its history and highlighting its many important features and there will also be time to stroll in the gardens. The cost of the visit to include coach fare, entry and guided tour is £20. If you would like to come along please send me a cheque for this amount payable to Porthcawl U3A as soon as possible.

Dorothy Jones (84 Heol West Plas, Coity, Bridgend CF35 6BA; tel 657571)

24th September - Sunday Lunch Group

We will meet as usual on the last Sunday of the month. Please contact for more information by leaving your name and phone number on my answer phone. <u>Caroline David (tel. 01656 771657)</u>

Programme of Talks for 2018

We shall soon be compiling our programme of talks for 2018. It will include the monthly talks and also the Gwyn Petty Memorial Lecture and our Annual Study Day. We would be very grateful for any suggestions you would like to make about topics, themes and speakers, and perhaps you would like to offer to give a talk yourself. We will consider all suggestions and offers very carefully and do our best to include them. Some members have already been in touch on this. If you have it would be very helpful if you would do so again to make sure that your suggestions or offer will not be overlooked.

Doug Jones (tel. 657571; e-mail jay3deekay@aol.com)

Musical Theatre Course

The Musical Theatre Course will resume in September, following a lengthy pause. We will be introducing a new element whereby members will be able to sing along to specific numbers.

Thursday 12th October: Visit to Special Lecture Day at Brecon U3A

The coach for this visit will leave the Atlantic Hotel at 8.30am, picking up along Fulmar Road and at Sainsbury's Bridgend at 8.50 (approx.).

There will be two prestigious lectures during the day. The first will be given in the morning by Professor Slone of Cardiff University on the theme of Stem Cell Research. There will also be an exhibition arranged by the Wales Gene Park. In the afternoon Professor Lyn Evans, FRS, of Imperial College London, will give a lecture entitled The Large Hadron Collider – a Marvel of Technology. Professor Evans has a spent his career in the field of High Energy Physics and he led the team that designed, built and commissioned the Collider.

The cost of the visit to include entry to both lectures and the coach fare is £19. If you would like to come along to this very important event please send me a cheque for this amount, payable to Porthcawl U3A by 21st September at the latest as there is likely to be a heavy demand for tickets.

Thursday 12th October: Visit to the New Theatre, Cardiff: for a matinee performance of *Deathtrap* by Ira Levin

Having now taken on the task of arranging our U3A theatre trips, we have booked seats for 12th October at The New Theatre Cardiff matinee at 2:30pm to see *Deathtrap* by Ira Levin. The coach leaves the Atlantic at 10.30am, picking up at Fulmar Road and Sainsbury's Bridgend 10.45am (approx). The price, to include the theatre ticket and the coach fare is £27.50. Please send cheques made payable to Porthcawl U3A ASAP to Mrs T Tudor 78 West End Avenue, Nottage CF36 3NG.

Trixie Tudor (tel. 01656 782194); Anne Syrad (text 07956 419321; e-mail annewan@icloud.com)

Saturday 14th October - Visit to Concert at the Brangwyn Hall, Swansea

I've reserved seats at the Swansea Festival for a concert given by the St. Petersburg Symphony Orchestra with Alexander Dmitriev (Conductor) and Tim Hugh (Cello). The programme is Prokofiev: *Classical Symphony*, Shostakovich: *Cello Concerto No. 2*, and Rimsky Korsakov: *Scheherazade*. The price, including coach, is £36.50. If you would like to come please send your cheque for this amount, made out to Porthcawl U3A, to me as soon as possible (Tuesday 12th September at the latest) as the tickets have to be paid for a month before the concert.

Janice Lloyd (25 Sandpiper Road, Porthcawl, CF36 3UF; tel. 01656 786532)

Possible new interest group – Line Dancing

There may be a possibility of starting Line Dancing in the future. Please contact me for details.

Pam Munro (tel.783751)

Third Age Matters – Payment

Could all those members who have this year subscribed to Third Age Matters please send me **a cheque for £2.40, made payable to Porthcawl U3A**. You will recall that we did not have the information about the 2017-2018 cost earlier in the year. Please also include a note with your name, address and phone number so I can go through the list of subscribers more easily. <u>Lindy Hutchinson, 67 Merthyrmawr Road, Bridgend, CF31 3NN</u>

Meetings of our Interest Groups in September 2017

Ancient History	2.15pm at the RAFA Club	Thursday 7 th & 21 st	We shall be looking at the diverse cultures of Ancient Mesoamerica.	David Trace 782335
Art History	Art History 2.15pm at the Rugby Club		Women Artists,16th to early 19th Century Women Artists mid 19th to early 20th Century. The paintings reveal how well women (against the odds) managed in a male dominated profession. Women Artists Mid to late 20th Century.	Graham Cross 785876
Astronomy	2pm at the Y Centre	Thursday 7 th & 21 st	We shall look at the giant gas planets in our solar system. Theme TBA	Chris James 864742
Book Club 1	10am at Stella Maris	Friday 29 th	Discussing <u>The Little Red Chairs</u> by Edna O'Brien.	Barbara Miles 783291
Book Club 2	10am at 132 New Road	Wednesday 13 th	We will discuss <u>Absolute Friends</u> by John le Carre; a thrilling spy story. Ted Mundy, the Pakistan-born son of a British army officer, proficient in the German language, joins a 1960s-era student protest group in West Berlin.	Annie Rance 711848
Book Club 3	10am at 25 Heol Croes Faen, Nottage	Thursday 14 th	We will have a general discussion about our favourite books.	Carolyn Tansey 788093
Canasta	2pm at the Rugby Club	Monday 4 th & 18 th	New members welcome. We will teach you how to play.	Mary Thomas 786137

Bridge Course for Beginners	2pm at Awel y Mor (Side Room)	Tuesday 5 th , 12 th , 19 th & 26 th	Now is your chance to learn How to play Bridge. Tony Howarth is willing to start a new group from the beginning on 12th Sept, if there are enough people, so please come along then. Meanwhile the development of existing players will continue through play and advice as usual every week.	Caroline David 771657
Computers, tablets and other gadgets	10am at the Grand Pavilion cafe	Monday 4 th & 18 th	A drop-in and help-desk for all your gadgets. Feel like kicking it? We'll show you how to love it. Want to do more? We can help with that too. Please note the venue.	Geoff Henderson 786790; Martin Patten 786745; Laurence Parry 788089
Conversations (Discussion Group)	2.15pm at the Rugby Club	Thurday 14 th 28 th	What should we do about the reported crisis in our prisons? Are Universities worth the time, money and effort?	Doug Jones 657571
Crafts	2pm at the Y Centre	Thursday 7 th & 21 st	A warm welcome awaits members who are interested in any type of craft	Pam Munro 783751
Drama – Origin & Development	2pm at the Rugby Club	Monday	We will continue our study of 20 th -century American drama, beginning by reading and discussing O'Neill's <u>Desire Under the</u> <u>Elms</u>	Elizabeth C Bower 786234
Film Club	2pm at Stella Maris	Friday 1 st	At the second attempt we shall attempt to see <i>Kind Hearts and Coronets</i> (1949).	Chris James 864742
Food in Britain	2.15pm at the Rugby Club	Tuesday 12 th 26 th	<i>State Banquet</i> Food and Drink quiz	Margaret Williams 665128
French for All	10.15am at the Rugby Club	Tuesday 5 th 19 th	Theme for discussion: Why I enjoy U3A Topic to be announced	Jenny Cross 785876 Jenny Worthington 785446
Gardening	10.15am at the Rugby Club	Tuesday 26 th	Kay Boswell will talk about <u>Autumn</u> <u>planting</u> .	Jeanette Victor 783491; Kay Boswell 772738
		Thursday 7 th	Both groups together	
German	10.30am at Stella Maris	Thursday 14 th & 28 th Thursday	Advanced Group Foundation group	John Murdoch 07583 570891
History	10am at the Y Centre	21 st Wed. 6 th & 20 th	Roger will continue his enjoyable and informative presentation + video and quirky facts on Ireland's troubled story.	Andrew Collier 784939
Latin	10.15am at the RAFA Club	Monday 11 th , 18 th & 25 th	Grammar Revision & translation from & into Latin: "physical jerks" for the brain, friendly argument and enjoyment!	Doug Jones 657571

Listeners' Guide to Music	2pm at the Rugby Club	Wed 13 th 27 th	Saint-Saens <u>Symphony No.3, the Organ</u> <u>Symphony</u> and a selection of music by Erik Satie <u>The Planets</u> by Holst and <u>Peer Gynt</u> by Grieg.	Brian Nelson 742159
Mah Jong	2pm at the Rugby Club	Thursday 14 th & 28 th	The group is now too large to fit comfortably in the Committee room, so we will play in the large room. We have been gifted a new Mah Jong set plus racks so additional members are now welcome.	Elizabeth C. Bower 786234
Musical Theatre	2pm at the Y Centre	Monday 4 th 18 th	"Awfully British" From Screen to Stage	Harry Lowman 663353
Painting Workshop	10am at the Y Centre	Thurs 7 th , 14 th , 21 st & 28 th	If you are not already a member of this group and want to join, please let us know.	Stephen Jarvis 649165 Kay Richards 786463
Philosophy and Ideas	10am at the Y Centre	Friday 8 th 22 nd	We will kick off the new term with a general discussion, both putting the world to rights and setting the agenda for further topics. Gary will be Keeping it Simple - another of his well-researched and thought-provoking topics about real philosophers and ideas	Andrew Collier 784939
Photography for Everyone	10.30am at the Y Centre	Monday 11 th & 25 th	Learning and developing skills in digital, still and video photography	Rhod Earl 772935
Play Reading	10am at the Rugby Club	Wed 13 th & 27 th	We shall continue to read <u>The Happiest</u> <u>Days of Your Lif</u> e. Please bring your copy along if you have one.	Rolfe Mitchell 740120; Ian Hutchinson 654418
Poetry	10.15am at the Rugby Club	Monday 4 th & 18 th	We will continue our exploration of Byron's <u>Childe Harold</u>	Elizabeth C. Bower 786234
Quiz	2pm at the Y Centre	Monday 11 th	Come along, enjoy yourselves and test your general knowledge in lovely company	Roger Thomas 786292
Science	2pm at the Rugby Club	Monday 25 th	We will deal with the story of electricity, on which have all become completely dependent, from its origins to the present day.	Gwyn Davis 654766; Brian Nelson. 742159
Scrabble	10am at Awel y Mor	Mon. 4 th & 18 th	A game, a chat and a cup of coffee. Members of all abilities welcome.	Pat Parry 784211
Shakespeare & other "Greats"	2.15pm at Stella Maris	Tuesday 12 th & 19 th	We will continue our study of <u>Hamlet</u> .	Barbara Miles 783291
Singing for Fun	2pm at the Rugby Club	Friday 15 th & 29 th	We'll sing some of our familiar favourites as well as some new songs. At the moment the group is full to capacity.	
Spanish for Beginners	10am at the Rugby Club	Tuesday 11 th & 25 th	Gaining confidence to speak Spanish in everyday situations	Nicola Evans 771742
Table Tennis	10am at the Y Centre	Friday 8 th & 22 nd	Come and join in our relaxed and friendly games. If you have a bat please bring it along. Please wear suitable shoes.	Pam Munro 783751

Walking	1:30 pm at Abbot's Kitchen, Margam SA13 2TA	Friday 15 th	The first walk of the new season follows the 3.1-mile Pulpit Walk through Margam Park, and involves some steep uphill walking. To get to Abbot's Kitchen from Porthcawl follow the A48 from Pyle towards Margam. After the main entrance to Margam Park take the next right and follow the brown signs.	Malcolm Cowper 858812 or 07716 498284
	1:30pm, car park of 3 Horseshoes pub, South Cornelly CF33 4RL	Friday 29 th	Take Porthcawl Rd into South Cornelly. take turning opposit red phone box . park in car park at the white flats (3 horse shoes) If the weather is doubtful, please phone the leader to check that the walk is taking place. Please wear suitable clothing and footwear. We walk at our own risk.	Trixie Tudor 01656 782194
Welsh	10am at the Rugby Club	Thurs 14 th & 28 th	Our meetings are not suitable for complete beginners. They take the form of presentations and discussions about pre- selected topics.	David Parry 784211
Whist	2pm at Awel y Mor	Monday 11 th & 25 th	Please phone me first if you wish to join us to play or learn to play whist.	Pam Munro tel. 784751
Writing for Pleasure Groups 1, 2 & 3	10am at the Rugby Club	Friday 22nd	We write simply for the pleasure of writing, and meet to receive friendly advice.	Marcia Humphries 772895 (Group 1); Jo Brooks 859535 (Group 2); Julie Matthews 788379 (Group 3)

Summary of Dates and Events in September 2017

Friday 1 st Sept	14:00	Stella Maris	Film Club
	10:00	The Grand Pavilion cafe	Computers
	10:00	Awel y Mor	Scrabble
Mon	10:15	The Rugby Club	Poetry
4 th Sept	10:30	They Y Centre	Photography for Everyone
	14:00	The Rugby Club	Canasta
	14:00	The Y Centre	Musical Theatre
Tue	10:15	The Rugby Club	French for All
5 th Sept	14:00	Awel y Mor	Bridge: Playing and Learning
Wed	10:00	The Y Centre	History
6 th Sept	14:00	The Rugby Club	Listeners' Guide to Music

	10:00	The Y Centre	Painting Workshop	
	10:30	Stella Maris	German (Advanced)	
Thu 7 th Sept	14:00	Stella Maris	Film Club	
	14:00	The Y Centre	Crafts	
	14:00	The Rugby Club	Mah Jong	
	14:15	The RAFA Club	Ancient History	
Fri	10:00	The Y Centre	Philosophy and Ideas	
8 th Sept	10:00	The Y Centre	Table Tennis	
	10:15	The RAFA Club	Latin	
	14:00	The Rugby Club	Drama: Origins & Development	
Mon 11 th Sept	14:00	Awel y Mor	Whist	
1,.	14:00	The Y Centre	Quiz	
	14:15	The Rugby Club	Art History	
	10:00	The Rugby Club	Spanish	
Tue	14:00	Awel y Mor	Bridge: Playing and Learning	
12 th Sept	14:15	The Rugby Club	Food in Britain	
	14:15	Stella Maris	Shakespeare & other "Greats"	
Wed 13 th Sept	10:00	The Rugby Club	Play Reading	
	10:00	The Y Centre	Painting Workshop	
	10:00	The Rugby Club	Welsh	
Thu 14 th Sept	10:00	25 Heol Croes Faen	Book Club 3	
	10:30	Stella Maris	German (Foundation)	
	14:15	The Rugby Club	Conversations	
Fri	13:30	Abbot's Kitchen, Margam	Walking	
15 th Sept	14:00	The Rugby Club	Singing for Fun	
	10:00	The Grand Pavilion cafe	Computers	
Mon 18 th Sept	10:00	Awel y Mor	Scrabble	
	10:15	The Rugby Club	Poetry	
	10:30	The Y Centre	Photography for Everyone	
	14:00	The Rugby Club	Canasta	
	14:00	The Y Centre	Musical Theatre	
Tue 19 th Sept	10:15	The Rugby Club	French for All	

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