

MENU

Lunch Menu Week 1

MONDAY

Chicken Tikka Masala

Chicken cooked in a mild curry sauce
served with rice

Cod in Batter

Cod baked in a crispy batter

*Served with a potato and vegetable of
the day*



TUESDAY

Roast Turkey

Served with stuffing

Homemade Italian Style Lasagne

Beef Bolognese served between layers of
pasta topped with a cheese sauce

*Served with a potato and vegetable of
the day*

WEDNESDAY

Homemade Cottage Pie

Minced beef in gravy topped with mashed potato

BBQ chicken

Chicken cooked in a BBQ sauce

Served with a potato and vegetable of the day

THURSDAY

Chicken Cajun Wrap

Spiced chicken served in a tortilla wrap with
a choice of sweet chilli, mayo or BBQ sauce
and served with a tossed salad and coleslaw

Griddled Bacon Steak

Bacon steak cooked on a hot griddle and
baked

*Served with a potato and vegetable of
the day*

FRIDAY

Salmon Fishcake

Salmon and mashed potato in breadcrumbs

Beef Bolognese

Served with pasta

*Served with a potato and vegetable of
the day*