

Porthcawl Comprehensive School

Garden

Name of intervention	Garden Project
Overview of intervention	<p>The Garden Project is an initiative developed and is very similar to Forest Schools Initiative.</p> <p>It is an alternative way of learning skills that are an integral part of the new curriculum.</p> <p>Ethical, Informed Citizens Pupils have the opportunity to learn about being self – sufficient and growing our own vegetables and fruit.</p> <p>Enterprising, Creative Contributors Pupils have an opportunity to build and create their own projects within the garden, allowing them a sense of freedom to explore their creativity and imaginative capabilities.</p> <p>Ambitious Capable Learners Pupils will have the opportunity to become ambitious and capable learners while working in a team, utilising skills such as listening, turn taking, problem solving as well as following strict health and safety rules.</p> <p>Healthy, Confident Individuals Pupils will have an opportunity to engage in the outdoors, actively taking part in different projects. While using their personal and social skills to discover:</p> <ul style="list-style-type: none"> • New ways of responding to situations • Ways to reshape their stress management systems • How to improve their emotional resilience • Increased emotional literacy • Greater ability to engage with life and learning • Help with anxiety and self- esteem
Target audience	<p>Suitable for Year 7 – 13 pupils. Small groups of Max. 5 pupils This project is suitable for pupils who may need some support with their self – esteem, anxiety or just need some time to improve their wellbeing and social skills. This is particularly effective for pupils who may struggle with behaviour, emotional and social difficulties.</p>
When	Approx. 60mins per session - once a week.
Staff	Lead – Hilary Goodchild
Entry Criteria	<p>It is possible a range of identification data will be used. Please specify</p> <ul style="list-style-type: none"> • Stage 1/2 • ALN Referral • Holistic Approach (discussion in HOY meetings) • Holistic Questionnaire completed by staff and pupil.
Exit Criteria	<ul style="list-style-type: none"> • Review entry data • Post Holistic Questionnaire completed by staff and pupil.
Graduated route	Wellbeing development – Review of Questionnaire
Success criteria	<p>INTENDED IMPACT AREA- link to the exit criteria above</p> <ul style="list-style-type: none"> • Attainment levels • Change in behaviour, attendance, punctuality

	<ul style="list-style-type: none"> • Emotional resilience • Projects completed
Monitoring and Evaluation	<ul style="list-style-type: none"> • Round robins • Parent feedback • Review of entry data • Observations